

Weekly Menu

MONDAY MENU

Week 1-Beans Stew & 2 Eggs.....	GHC50
Beans Stew & Fish.....	GHC80
Beans Stew & Meat.....	GHC80
Week 2- Fante Fante (Palm Oil Stew).....	GHC100
Chicken / Fish / Meat Stew.....	GHC100
Week 3- Kobi Delight (Salted Tilapia, Eggs and Gravy).....	GHC80
Week 4- Kontomire Abom (Egg, Kobi, Salmon).....	GHC80

TUESDAY MENU

Week 1- Okro Stew.....	GHC100
Week 2- Loaded Waakye.....	GHC80
Week 3- Curry Goat with Rice and Peas...	GHC100
Week 4- Egg & Prawn Stew.....	GHC140

WEDNESDAY MENU

Week 1- Jollof with Chicken.....	GHC85
Assorted Jollof (Sausage, Gizzard, Meat, Shrimp).....	GHC115
Jollof with Goat.....	GHC90
Week 2- Kontomire & Egusi.....	GHC90
Week 3- Fully Loaded Angwamo.....	GHC120
Week 4- Special Noodles.....	GHC100
Special Noodles with Shrimps.....	GHC130

THURSDAY MENU

Week 1-Garden Egg Stew.....	GHC80
Week 2-Yam Chips & Grilled Tilapia.....	GHC130
Yam Chips & Sausage Skewers/Gizzard Skewers.....	GHC80
Week 3-Fried Rice & Chicken.....	GHC85
Assorted Fried Rice (Sausage, Gizzard, Meat, Shrimp).....	GHC130
Week 4- Red Red (Beans) Palm Oil / Coconut Oil & Gari & Egg.....	GHC80

FRIDAY MENU

Week 1 - Fully Loaded Gari Fotor.....	GHC80
Week 2 - Spaghetti & Meat Balls/Minced Meat.....	GHC100
Week 3 - Omo Tuo & Groundnut Soup/Nkatib3.....	GHC120
Week 4 - Oxtail with Rice and Peas	GHC150

SATURDAY MENU

Week 1 - Light Soup.....	GHC10
Week 2 - Groundnut Soup.....	GHC10
Week 3 - Palm Nut Soup.....	GHC10
Week 4 - Ebunubunu.....	GHC10

All soups are available with your choice of protein and carbohydrate. Select your preferred combination from the list below. Prices vary according to your selected protein and carbohydrate

PROTEINS

• Beef.....	GHC60
• Goat.....	GHC70
• Chicken.....	GHC60
• Intestine.....	GHC20
• Wele.....	GHC15
• Kotodwe.....	GHC45
• Pig Feet.....	GHC30
• Crab.....	GHC30
• Salmon.....	GHC50
• Tuna.....	GHC50
• Dry Fish.....	GHC70
• Fresh Tilapia.....	GHC80

SIDES

• Banku (2).....	GHC15
• White Rice.....	GHC20 a portion
• Fufu.....	GHC20
• Eba (2).....	GHC15
• Konkote (2).....	GHC15
• Fried Plantain.....	GHC20 a portion
• Yam/Apim.....	GHC20
• Fried Yam.....	GHC20 a portion



KROGIN

AUTHENTIC & PURE

Our Special Menu



SCAN TO PLACE
YOUR ORDER NOW!



PLACE YOUR ORDER TODAY, FOR AUTHENTIC & PURE FOOD!!!

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Menu

LIGHT BITES

WRAPS (HOT/COLD) - GH¢90

- Spicy Chicken
- BBQ Chicken
- Chicken Avocado,
- Chicken, Egg & Bacon
- Tuna Sweetcorn
- Tuna Mayo Salad
- Tuna & Avocado

PANINI (HOT) - GH¢80

- Spicy Chicken
- BBQ Chicken
- Chicken, Egg & Bacon
- Pepperoni & Cheese
- Tuna Melt
- Ham & Cheese
- Tuna Sweetcorn
- Chicken Bacon

TOASTED SANDWICHES - GH¢80

- Cheese & Sausage
- Tuna & Sweetcorn
- BBQ Chicken
- Chicken, Egg & Bacon
- Ham & Cheese
- Spicy Sausage
- Burritos (Rice, Minced Meat, Red Kidney Beans).. GH¢90
- Springrolls (4) (Beef/Chicken)..... GH¢40
- Samosas (4) (Beef/Chicken)..... GH¢40
- Meatballs on Skewers (4) (Beef/Chicken).... GH¢50
- Yamballs (5)..... GH¢50

SAUCES

- Green Pepper
- Red Pepper
- Black Pepper (Shito)
- Gravy
- Brown Sauce
- Extra Sauce..... GH¢10

SALAD

- Ghana Salad..... GH¢80
- Green Salad..... GH¢45
- Tuna & Sweetcorn..... GH¢90
- Pasta & Tuna Salad..... GH¢100
- Potato Salad..... GH¢100
- Chicken & Sweetcorn..... GH¢100

SPECIALITIES (PRE-ORDER)

- Plantain Loaf/Cake (Ofam)..... GH¢100
- 6 Cup Cake of Ofam..... GH¢120
- Yam 3tor..... GH¢100
- Plantain 3tor..... GH¢150
- Apeprenta..... GH¢220
- Akple & Aborbi Tadi..... GH¢100
- Tuo Zaafi..... GH¢150
- Egusi Soup (Chicken or Mixed Meat).. GH¢160
- Yam Pottage..... GH¢120
- Nkate-Konto..... GH¢170

RICE DISHES

- Yellow Rice (Turmeric)..... GH¢50
- Red Rice (Beetroot)..... GH¢50
- Green Rice (Green Vegetables)... GH¢50
- Orange Rice (Jollof)..... GH¢50
- Coconut Rice..... GH¢50
- Vermicelli Rice..... GH¢50
- Angwamo..... GH¢50

(Served with a choice of 2 sauces)

GRILLS

- Tilapia... GH¢70 / GH¢90 / GH¢120
- Mackerel.... Full GH¢70 / Half GH¢40
- Pork..... GH¢80
- Whole Chicken..... GH¢180
- Chicken Pieces..... GH¢25
- Wings..... GH¢15
- Quarter..... GH¢50
- Kebabs..... GH¢15-GH¢20
(Goat/Beef/Chicken-Liver/Gizzard/Sausage)

SIDES

- Banku (2)..... GH¢15
- White Rice..... GH¢20 a portion
- Fufu..... GH¢20
- Eba (2)..... GH¢15
- Konkote (2)..... GH¢15
- Fried Plantain..... GH¢20 a portion
- Yam/Apim..... GH¢20
- Fried Yam..... GH¢20 a portion

DRINKS

- Bel-Aqua..... GH¢5
- Coke..... GH¢10
- Fanta..... GH¢10
- Sprite..... GH¢10
- Fresh Pineapple Juice..... GH¢20
- Fresh Pineapple & Ginger Juice.... GH¢25
- Fresh Watermelon Juice..... GH¢20
- Fresh Watermelon & Ginger Juice. GH¢25
- Sobolo..... GH¢30
- Mashed Kenkey GH¢30
- Beetroot & Ginger Juice..... GH¢25